End of Life Care Commitment

Tim Straughan, Head of Patient Choice
NHS England
The End of Life Care Commitment


1. Have honest discussions about needs and preferences;
2. Make informed choices about care, supported by clear and accessible information;
3. Develop and document personalised care plan;
4. Share personalised care plan with care professionals;
5. Involve, to the extent that you wish, family, carers and those important to you; and
6. Know who to contact if you need help and advice at any time.
The End of Life Care Commitment

• The NHS Mandate for 2016/17 explicitly refers to end of life care and asks NHS England to significantly improve patient choice and quality in end of life care.

• To support continuing quality improvement through the CCG Improvement and Assessment Framework, NHS England will develop and implement a suite of new metrics to measure progress against the NHS Mandate on both quality and choice in end of life care.

• The government intends, by 2020, to include the commitment in the NHS Constitution, making a pledge to all that the care people receive at this most significant time in life truly offers every individual the chance to live well until they die.

• The Response also calls for a new right in the NHS Constitution for everyone to be offered choice in end of life care and have these choices and preferences recorded and held in their individual plans of care.
What is a personal health budget (PHB)?

“A personal health budget is an amount of money to support a person’s identified health and wellbeing needs, planned and agreed between the person and their local NHS team”.

- PHBs radically change the relationship between the health professional and patient to a much more equal one;
- Centre around a support and care plan and focus on outcomes;
- Delivers integration at individual level and higher quality care;
- Support personal choice;
- Enable a wider range of possible solutions than traditionally commissioned services. Not new money; and
- Promotes self-management and reduces reliance on NHS services.
PHB outcomes so far

• 40 EoL PHBs in place across the 5 test bed sites
• 2 sites are reporting an average of around £500 saving per week per budget

Sites have also:
• Agreed ways of setting budgets
• Agreed new quick, easy and simplified care planning approach
• Established single points of contact – neighbourhood teams supporting a more integrated approach
• Run local workshops to skill up staff
• Developed patient information and support plan template letter

Personal Health Budgets in End of Life Care (EOLC) conference on 21 March. If you’re interested contact ENGLAND.PHBEvents@nhs.net
Implementing the Commitment: A national discussion

- We will be supporting a national conversation on end of life care and the commitment, focused on:
  - Sharing learning and best practice from the roadshows;
  - Addressing questions raised at and around the roadshows; and
  - A discussion around each of the six elements of the commitment.
- Join the conversation and add your questions by using #EoLCommitment
Patient empowerment film: ‘Getting the most from your clinical care’

• **Why?** Recognition that there is a need for people with life limited disease and those closest to them to understand their choices about their treatment, including refusal of treatment if they so wish;

• **What?** NHS England approached NCPC to make a film in response to the misunderstanding of what ‘palliative’ means, as a tool for patients; and

• **Where?** Film and guidance will be uploaded onto NHS Choices website. Also on the NCPC/dying Matters website.

• [https://vimeo.com/191180157](https://vimeo.com/191180157)
Implementing the Commitment: Key contacts and links

- Choice in the End of Life Care Commitment:
  Jennie Walker, Assistant Head of Patient Choice, jennie.walker@nhs.net

- Personal Health Budgets in end of life care:
  Trudy Reynolds, Personal Health Budgets Delivery Manager Trudy.reynolds2@nhs.net
  Suzanne Jones, Personal Health Budgets Project Manager suzanne.jones20@nhs.net

- Review response: